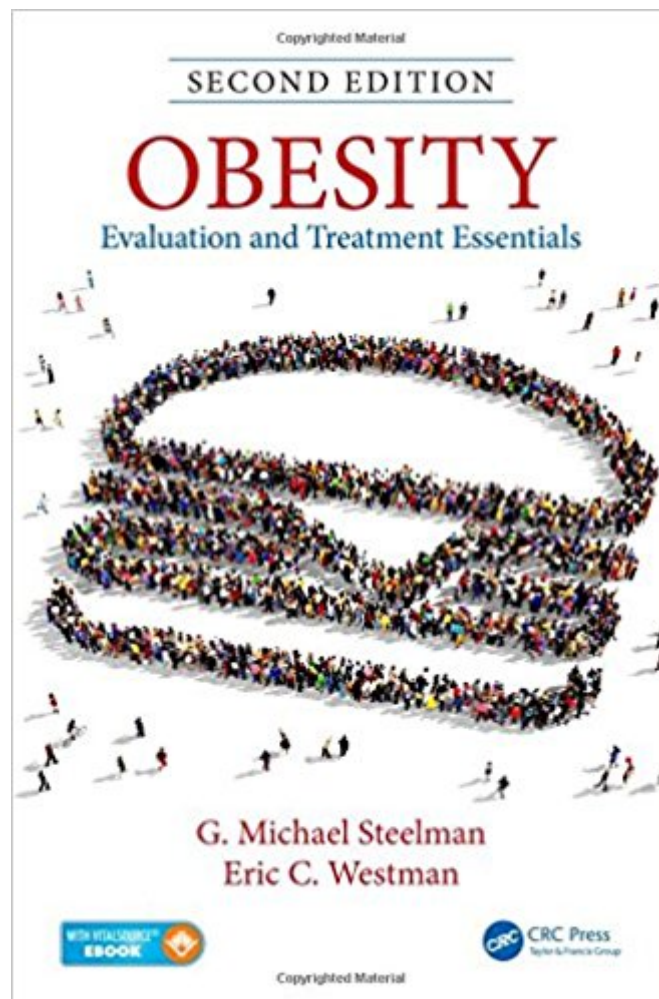


The book was found

Obesity: Evaluation And Treatment Essentials, Second Edition



Synopsis

Obesity is considered a complex and multifactorial disease. Its treatment, therefore, must also be multimodal and tailored to meet the needs of each patient. *Obesity: Evaluation and Treatment Essentials* presents a wide spectrum of practical treatment protocols for obesity including exercise, pharmacology, behavior modification, and dietary factors, from the point of view of the practicing physician. The book includes information about the new pharmacotherapy available for the treatment of obesity. It also includes a chapter on medical treatment of pediatric obesity that identifies the special needs of children and outlines approaches for managing the obese child. A chapter on binge eating disorder has been added and the information on pharmacology of bariatric medicine has been updated. The book addresses various dietary interventions such as low-calorie balanced diets, low-carbohydrate diets, and very-low-carbohydrate diets while also exploring the comorbidities of obesity such as hypertension, cardiovascular disease, and Type II diabetes. Written by prominent members of the Obesity Medicine Association and a multidisciplinary team of clinicians and researchers, the book showcases successful treatment methods by including personal key points by clinicians in each chapter. This comprehensive resource is an invaluable, user-friendly tool for bariatric physicians and surgeons, endocrinologists, diabetologists, nutritionists, and dietitians, as well as all other professionals who currently treat obesity.

Book Information

Paperback: 356 pages

Publisher: CRC Press; 2 edition (April 5, 2016)

Language: English

ISBN-10: 148226207X

ISBN-13: 978-1482262070

Product Dimensions: 1.2 x 7.2 x 10 inches

Shipping Weight: 1.7 pounds (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #306,539 in Books (See Top 100 in Books) #47 in [Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Endocrinology](#) #137 in [Books > Medical Books > Medicine > Internal Medicine > Endocrinology & Metabolism](#) #206 in [Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Nutrition](#)

Customer Reviews

Edited by G. Michael Steelman, MD, FASBP, is board certified in bariatric medicine, family practice,

anti-aging medicine, and neuro-linguistic programming. Dr. Steelman is the past president of The American Society of Bariatric Physicians. He served on the advisory board of the American Obesity Association, was Medical Director of Eating Disorders at Mercy Health System of Oklahoma, and to C. Everett Koop, the former Surgeon General. Dr. Steelman has worked in private practice for over 30 years and runs the renowned Steelman Clinic in Oklahoma City. He was editor of The American Journal of Bariatric Medicine and was twice named Bariatrician of the Year by the American Society of Bariatric Physicians. Eric C. Westman, MD, MHS, is an associate professor of medicine and director of the Lifestyle Medicine Clinic at Duke University Health System in Durham, North Carolina. Dr. Westman received his medical degree from the University of Wisconsin and completed his internal medicine residency at the University of Kentucky. He also received a master's degree in biostatistics during a General Medicine Fellowship at Duke University Medical Center. He is a fellow of The Obesity Society and the Society of General Internal Medicine. Dr. Westman is Chairman of the Board of the Obesity Medicine Association (formerly ASBP), and has received the Steelman-Seim Educator Award for advancing the cause of health care through education and teaching. He is board certified in obesity medicine and internal medicine.

[Download to continue reading...](#)

Obesity: Evaluation and Treatment Essentials, Second Edition Overcoming Teen Obesity: How To Reverse Teen And Childhood Obesity Today Modern Essentials Bundle 6th - Modern Essentials 6th Edition a Contemporary Guide to the Therapeutic Use of Essential Oils, An Introduction to Modern Essentials, and Modern Essentials Reference Card PPE Preparticipation Physical Evaluation (AAP, PPE- Preparticipation Physical Evaluation) Managing Obesity: A Clinical Guide, Second Edition Hepatitis C Symptoms, Treatment and Cure: Survivor's true story of 12 week treatment and cure (Hepatitis C Symptoms Treatment and Cure Series) Nail Fungus Treatment: Cure Nail Fungus Naturally With This Fast Toenail Fungus Treatment and Toenail Fungus Cures (nail fungus cures, nail fungus treatment, nail fungus) Prepper Essentials: Prepper Essentials What Every Survivalist Needs To Know When Building The Ultimate SHTF Stockpile (Survival Handbook, DIY, Emergency ... Essentials Books, Emergency Prepared) Casarett & Doull's Essentials of Toxicology, Second Edition (Casarett and Doull's Essentials of Toxicology) Vision, Perception, and Cognition: A Manual for the Evaluation and Treatment of the Adult with Acquired Brain Injury Vision, Perception, and Cognition: A Manual for the Evaluation and Treatment of the Neurologically Impaired Adult Principles of Trauma Therapy: A Guide to Symptoms, Evaluation, and Treatment (DSM-5 Update) Evaluation and Treatment of Swallowing Disorders The Merck Manual of Patient Symptoms: A Concise, Practical Guide to Etiology, Evaluation, and Treatment The Everything Health Guide to

Adult ADD/ADHD: Expert advice to find the right diagnosis, evaluation and treatment

(EverythingÂ®) Evaluation, Diagnosis, And Treatment Of Occlusal Problems Mold & Mycotoxins:

Current Evaluation and Treatment 2016 Essentials Of Planning And Evaluation For Public Health

Workbook and Competency Evaluation Review for Mosby's Essentials for Nursing Assistants, 4e

Workbook and Competency Evaluation Review for Mosby's Essentials for Nursing Assistants, 5e

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)